






# Zinc-Enriched MAMA Dentifrice

Follow Chart for Good Oral Hygiene.


For Zinc Supplementation during illness - add extra dose or use tablets.





**Newborn**  
0-1 week or <2 kg




			
MORNING	NOON	AFTERNOON	EVENING





**Young Infant**  
1 week- 2 months or  
2-5 kg (4.5-10lbs)




			
MORNING	NOON	AFTERNOON	EVENING





**Older Infant**  
2-12mos or 5-9 kg (10-12lbs)  
2-6 months= 1/2 mini-scoop  
6-12 months= 1 mini-scoop




			
MORNING	NOON	AFTERNOON	EVENING





**Toddler/Pre-school**  
1-4 years or 10-19 kg (20-40lbs)




			
MORNING	NOON	AFTERNOON	EVENING





**School Age**  
5-11 yrs or 20-40 kg (40-90lbs)



			
MORNING	NOON	AFTERNOON	EVENING

**Pre-teen/Adult**  
12 yrs to adult



			
MORNING	NOON	AFTERNOON	EVENING

## Notes:

- Dosing: For infants 2 months up to 6 months, dose is 1/2 of .15cc mini-scoop. For infants 6-12 months, dose is one .15 mini-scoop.
- Each morning & evening, place dose inside lower lip.
- Spread around mouth.
- Clean teeth thoroughly & gently with fresh chewing stick or with finger covered with clean soft cloth.
- Take a drink and swallow. Do not spit out!
- Repeat 3 times daily if the child has mouth infection, measles, malaria, diarrhea, pneumonia, inflamed eyes or is not growing well.
- Prevent Noma and Blindness with good hygiene and nutrition.
- Seek medical attention immediately when children develop mouth or eye infections.
- Contains: Sodium Bicarbonate, Iodized Salt, Zinc Oxide.
- 1 scoop (.15cc each) will provide 7.5 mg Zinc, an essential micronutrient for growth and immune function.

If using Zinc 20mg tablets for children with diarrhea, pneumonia or other illness:	
2 to 6 months	1/2 tablet
6 months or more	1 tablet