

# MAMA News

Winter 2014



*Photo Credit: Josh Landis*

*Kids and MAMA Service team members enjoy special activities together.*



**MAMA Project**  
 Mujeres Amigas-Miles Apart  
 (Women Friends-Miles Apart)  
 Nutritional Rehabilitation  
 Medical & Dental Brigades  
 Work Teams  
 Cross Cultural Training  
 Deworming & Vitamin A  
 Campaigns  
 Donating Medical & Dental  
 Equipment & Supplies  
 Community Development  
 Scholarships  
 Child Survival Training

*MAMA News* is a quarterly  
 newsletter that provides  
 updates about MAMA Project,  
 Inc.'s programs and service  
 to rural, poor communities in  
 Honduras and Haiti.

**The *MAMA News* is  
 available for free to  
 anyone who would like  
 to receive it.**

To add, remove or change  
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All donations given to MAMA  
 Project are tax-deductible and a  
 receipt will be sent to donor.

All photos were taken by  
 MAMA Project Staff or Service  
 Team Members.

## MAMA NEEDS AN

In MAMA Project, EDUCATION is not “top  
 down”, but interactive.

Sometimes it is **structured** into classes for  
 moms and children; other times it's seminars for  
 community leaders and policy makers.

Sometimes it is **spontaneous**, serendipitous and  
 even accidental!

We foreigners think we are coming to  
 Honduras to serve and teach; we are surprised to  
**be served and taught!**

So, when we go about educating we soon realize  
 that our work is:

- Exchanging ideas
- Asking questions
- Stimulating discussion
- Encouraging problem solving
- Exploring context
- Wondering why, how, and what if?
- Expressing concerns
- Reconsidering preconceived notions
- Sharing (giving and receiving) life-  
 changing knowledge
- Listening and Learning

## EDUCATION COORDINATOR



*(Above) Marina, MAMA Staff, teaches mothers in the Center  
 about many valuable health topics.*

MAMA needs an **Education Coordinator** who can  
 humbly and skillfully direct nurture of children and  
 parents in our Center, families in the communities, and  
 leaders.

We still need to raise \$3,000 each year to support this  
 new staff person's wages, benefits and expenses. Can  
 you help with a donation designated to MAMA's  
 Education Coordinator?

Thank you!

*(Below) Community members gather to learn about a health  
 topic when MAMA Service teams visit.*





## GUINEA HENS

Over the past several year, we've been working on perfecting our micronutrient program. One food with which we always encourage people to consume their micronutrients is with the egg.

To provide eggs in the communities, we will begin promoting the guinea hens.

Q: **Why** promote family poultry flocks?

A: Eggs are an ideal source of the nutrients that children need to survive and be healthy

Q: **What** poultry is MAMA Project focusing on?

A: GUINEA FOWL!



Important poultry traits to consider in rural communities	Guinea	Chicken
Highly resistant to common poultry diseases	*	
Diet mostly composed of insects	*	
Excellent alarm for protection & warning of intruders	*	
Require little care or feeding after 1st two weeks of age	*	
Control mice, rats, snakes and disease-carrying insects	*	
Good mother		*

Q: **Who** may receive guineas?

A: Families from target communities with high levels of childhood malnutrition

Q: **When** does a family get young guineas to begin their flock?

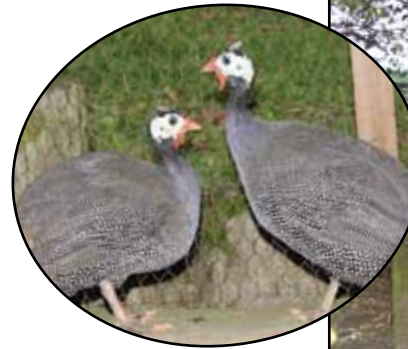
A: After receiving training, building a shelter and promising to share the first offspring

Q: **Where** will training occur?

A: In our Center and in communities that commit to working together for vulnerable children

Q: **How** will the project function?

A: MAMA Project raise day old Guinea Keets for 2 weeks, then distribute to trained families



*Pictured are the guinea hens at the Nutrition Center in Honduras. In October, the first community leaders learning about this new idea of raising guinea hens in their villages. Then (shown right) we gather for a prayer of dedication for the guinea project.*



Combined with nutrition education, promotion of home food fortification, deworming, Vitamin A distribution, and the ongoing Child Survival training that MAMA is doing in Honduras, we hope that this effort will make a positive impact. The Family Poultry Flocks initiative is being financed by donations to cover training, purchase of guinea keets, transportation, and feeding in our center. An adult guinea fowl in Honduras sells for \$30. We calculate that the cost for each young guinea delivered to the village will be less. Each household will start with a small starter flock and increase their numbers by putting eggs under brooding hens who will adopt and raise guineas.

## CONSIDER SUPPORTING MAMA PROJECT



### 8th Annual Golf Outing

Friday, June 5, 2015  
Shotgun Start 8:00am

at  
Butter Valley Golf Port  
South 5th St, Bally, PA

Sponsorship Opportunities  
Available

More information will be available soon  
[www.MAMAProject.org/golf-outing.html](http://www.MAMAProject.org/golf-outing.html)

## THROUGH ONE OF OUR UPCOMING EVENTS!

### Child Survival Training

The materials that MAMA Project has created and uses for identifying malnutrition and training community health leaders for care in third world countries, is available to other organizations & individuals for use in their country of work. Come to a Child Survival Training to learn more!

April 17, 2015 6-9pm

April 18, 2015 9am-4pm

at  
Perkiomenville Mennonite Church  
1836 Gravel Pike, Perkiomenville, PA

Cost: Free (Donations accepted)  
Register: [info@mamaproject.org](mailto:info@mamaproject.org)

### Annual Banquet & Silent Auction

Our Annual Banquet & Silent Auction is always a wonderful time to reunite with others that support MAMA Project and find special gifts for friends and family.

Plan on joining us this year!  
Saturday, November 15, 2015  
Dinner at 5:30 pm

at  
Quakertown Christian School  
50 E Paletown Rd, Quakertown, PA

We are collecting items for the Silent Auction.  
Please consider donating an item or gift certificate.

### Shipping Container

In late April or May, we are planning on sending a 40 foot container to Honduras. We have been collecting materials throughout the year - school supplies, baby gift packs, medical supplies, etc.

The global cost of sending this container is about \$10,000. We would appreciate any donations towards this cost.

Recently, our Staff in Honduras told us that they had run out of baby kits and school supplies. If you'd like to donate any items for our container, please contact Dr. Herman at our office. Thank you!!



# Ready to Join a Mission Team?

Have you been considering joining a team but haven't taken that "leap of faith" yet to actually sign up? Here are a few reasons that some team members enjoying serving in Honduras with MAMA Project:



*The people of Honduras are very loving and appreciative of the care we bring to them. They'll wait hours, if needed, to see the physician and get the medicines that they need.*

*We never get tired of the beautiful scenery - Honduras has luscious green landscapes and marvelous mountains - God's handiwork.*

*We take so much for granted. Since coming home from Honduras, I have tried to be more appreciative and find ways to help others in need around me.*

*The work we do in the communities is so simple yet so necessary. Pouring a concrete floor, handing out micronutrients, checking for anemia are things that anyone can do. We are grateful for the opportunity to serve others by showing them the love of Jesus.*

If you are interested in joining a team, contact Dr. Herman at [herman@mamaproject.org](mailto:herman@mamaproject.org) You can also check out our team calendar on our website and plan on attending a team orientation. There are openings on teams in August 2015 - We'd love to have you join!!

