

# MAMA News

Spring 2016



*This sick, little girl came to the MAMA medical brigade in her best clothes. She held her new toys closely as she waited for her visit with the doctor.*

## A LOOK AT LIFE FOR A FAMILY AT THE MAMA PROJECT NUTRITION CENTER

Ramos and his wife, Norma, live in a small village named Buenas Aires in San Antonio, Cortes, in Honduras with their daughter, Norma Nicole, 23 months old. Norma Nicole was malnourished and began receiving help at the MAMA Project Nutrition Center.

On a recent trip to Honduras, Dr. Priscilla Benner, MAMA's Director and Founder, met with the couple to discuss their way of life and their need for the Nutrition Center. You can see the full video of their discussion on MAMA's YouTube Channel (see link at [www.mamaproject.org](http://www.mamaproject.org))

Ramos: I am 24 years old. I work with my father and brothers on the family farm, harvesting corn, beans and rice. We work hard for the children.

Dr. Benner: Does the family suffer when there isn't a good harvest?

Ramos: Yes, of course. The family suffers. We eat from the farm. But when we don't have money, we also sell some of the product.

Dr. Benner: What kind of home do you live in?

Ramos: Right now we live with my parents. We are currently building a house, it is made from adobe, bricks of earth. We don't have the funds to make it from other materials.

Dr. Benner: Will you have running water?

Ramos: Yes, there is going to be running water in our village soon.

Dr. Benner: Is there electric in your village?

Ramos: Yes, around 2005 the electric arrived to each house in the village.

Dr. Benner: What kind of floors are in your home?

Ramos: In my parent's home, there is a cement floor. In the home we are building, it will have a cement floor, too.

Dr. Benner: Do most families in your village have letrines?

Ramos: Some homes have letrines, others do not.

Dr. Benner: What about school? Do the children have a school in the village?

Ramos: Yes, there are 2 classrooms in the school.

Dr. Benner: Do all of the children go to school?

Ramos: The children who do not have the resources cannot go to school. But there are some children who have the resources and are able to go to school.

Dr. Benner: What do you need to put a child in the school?

Ramos: The children need to wear a uniform. If they are able to purchase some school supplies, they need to bring their pencils and notebooks.

Dr. Benner (to Norma): While Ramos is working, you are cooking and working in the home. What do you typically cook?

Norma: Rice and beans, eggs.

Dr. Benner: Do you have hens at your house?

Ramos: In order to come visit [Norma and my daughter at the Center], I had to sell some. Now we have 12 hens left.

Dr. Benner: What does Norma Nicole eat?

Norma: Bean soup, rice, potatoes, eggs, ramon noodle soup

Dr. Benner: How many eggs do you get from your hens each day?

Norma: 12 eggs each day; 1 per hen



*Dr. Priscilla Benner (left) interviews Ramos and Norma about their life and experience with the MAMA Nutrition Center.*

### **MAMA Project**

Mujeres Amigas-Miles Apart  
(Women Friends-Miles Apart)

Nutritional Rehabilitation

Medical & Dental Brigades

Work Teams

Cross Cultural Training

Deworming &  
Vitamin A Campaigns

Donating Medical & Dental  
Equipment & Supplies

Community Development  
Scholarships

Child Survival Training

**The MAMA News is a quarterly newsletter available for free to anyone who would like to receive it.** To add, remove or change your address on our mailing list, contact:  
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[www.MAMAPROJECT.org](http://www.MAMAPROJECT.org)

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All donations given to MAMA Project are tax-deductible and a receipt will be sent to donor.

All photos were taken by MAMA Project Staff or Service Team Members.



Dr. Benner: Do you sell them?

Norma: Yes, we sell them. Then we eat what isn't sold.

Dr. Benner: How many does your daughter eat?

Norma: 1 egg per day

Dr. Benner: When you are in the Center are you using the [MAMA Project] Micronutrient Powder on your food? Does she like it?

Norma: Yes, I am using it. I mix it in the food. Norma Nicole eats it. She always sees us putting it in her food, but she doesn't have a problem eating it.

Dr. Benner: Why do you think she got sick?

Ramos: Norma Nicole was born in the house with the help of a midwife. Her birth was fine. There were no problems. Then one day she got very sick, she had a high fever and then started getting a rash on her body. We took her to the clinic and she got medicine. As she got better, she stopped eating. Then her weight started going down. She had no desire to eat. We didn't have the resources to give her the vitamins she needed to get better.

She has spent 16 days at the Center so far and has gotten much better. But she still doesn't weigh what she should.

Dr. Benner: Is it a sacrifice for you (Norma and Norma Nicole) to be at the Center?

Ramos: Yes, it is a sacrifice. But we need to take advantage of the help that we are given. Sometimes we just cannot do everything that we need to do. In one month she has gotten much better.

Dr. Benner: Thank you for sharing about your struggles and the work you do for your children.



### MR. GERMAN AND HIS WIFE SHARE ABOUT THEIR EXPERIENCE WITH MAMA

*I feel grateful for the time I had at the MAMA Nutrition Center. There are no other projects like MAMA. MAMA has helped us, the poor people. We don't have the way to give the best foods to our children and MAMA has helped us. There is medicine available for everyone and the doctor comes three days a week to help. Everyone is taking a part in helping the mother and her children. After the time in the Center, everyone is healthier, even the mothers, because when we, the mothers, come to the Center, we are underweight, too. Thank you for the work that you all do.*

*Children at the Nutrition Center playing with toys, stones, and dirt helping with the office construction.*



*Girls at the Nutrition Center reading a Bible Storybook.*





## THE 2016 SHIPMENT TO HONDURAS IS READY

Over the past year, MAMA has been collecting donations to send to Honduras. Our warehouse is full -- baby kits, new shoes, blankets, medical supplies, and medical equipment fill the pallets.

Public hospitals and clinics in Honduras whom we've been able to donate items to in the past, have given lists of materials that they are in need - baby bassinets, ultrasound, stretchers, the list goes on! We feel honored to help them look for those supplies and then ship them so that they can be used to help the most needy of Honduras.

The container will also have many donations to be used in our Nutrition Center, providing aid to the families who spend time receiving medical care and education about healthy living.

Sending shipments can be costly and time-consuming but we know that when we are able to give these donations to people in Honduras, it is all worth it.

Would you like to help us send our shipment? Total global cost is around \$10,000. Thank you for any donation you can make towards this!!

*Pictures from loading container in 2015.*



## MAMA PROJECT BANQUET & SILENT AUCTION

Mark your calendars now for this great event. (Date has been recently changed.)

**Saturday, November 5, 2016**  
**5:30pm**

Quakertown Christian School  
Quakertown, PA

Evening includes a hot, dinner buffet & chance to win Auction items.

We are now collecting items for the Silent Auction. Contact Amanda at the MAMA Office if you have an item you would like to donate - [info@mamaproject.org](mailto:info@mamaproject.org) or 215-679-4338



## AVAILABLE FOR SALE: LONGABERGER BASKETS

Are you interested in Longaberger Baskets? If so, we have several available for sale. Check out the full list (pictures included) of baskets for sale on our website and let us know which one you'd like to purchase. Something for everyone!!

All proceeds help MAMA Project's Child Survival Programs.  
[www.MAMAProject.org/fundraising.html](http://www.MAMAProject.org/fundraising.html)



# 9th Annual Golf Outing

## EVENT DETAILS

**When:**

Friday, June 3, 2016  
8:00AM Shotgun Start

**Where:**

Butter Valley Golf Port  
South 7th St., Bally, PA  
www.ButterValley.com

**What:**

4-person "Better Ball" Scramble

**INCLUDES:**

- ROUND OF GOLF WITH CART
- SNACKS AND BEVERAGES
- CHANCE AT PRIZES
- LUNCH BUFFET

## REGISTRATION FORM

Return this form to MAMA Project by May 27<sup>th</sup>.

Enclosed is a check for the total amount of \$ \_\_\_\_\_ for:

Name: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Company Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

\_\_\_\_\_ Player(s) @\$100 each

\_\_\_\_\_ Hole(s) @\$250  
(one player included)

\_\_\_\_\_ Event Sponsor @\$1,200  
(foursome included)

\_\_\_\_\_ Lunch Guest @\$25 each

Please make checks payable to MAMA Project.  
Mail to MAMA Office at 2781A Geryville Pike, Pennsburg, PA 18073  
or email registration to [info@mamaproject.org](mailto:info@mamaproject.org)