

MAMA News

Christmas 2013



*Give the gift of love, hope, joy,
education, and good health
this Christmas!*

MAMA Project
 Mujeres Amigas-Miles Apart
 (Women Friends-Miles Apart)
 Nutritional Rehabilitation
 Medical & Dental Brigades
 Work Teams
 Preschools
 Cross Cultural Training
 Deworming & Vitamin A
 Campaigns
 Donating Medical & Dental
 Equipment & Supplies
 Community Development
 Scholarships
 Child Survival Training

MAMA News is a quarterly newsletter that provides updates about MAMA Project, Inc.'s programs and service to rural, poor communities in Honduras and Haiti.

The MAMA News is available for free to anyone who would like to receive it.

To add, remove or change your address on our mailing list, contact:

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MAMA Project is a Non-Profit Charitable Organization under Section 501(c)(3) of the U.S. Tax Code—
 Federal Tax Identification #23-2993647.

All donations given to MAMA Project are tax-deductible and a receipt will be sent to donor.

All photos were taken by MAMA Project Staff or Service Team Members.



Jesus was born into a world full of greed. He taught his followers not to stand idle in the presence of suffering and injustice.

As he walked and talked with the poor, by His words and His presence He affirmed that their personal value was immeasurably higher than what could be counted in economic terms.

When He walked and talked with the rich, He repeated that message in strong language that was intended as a call to repentance.

Whether we are rich or poor, powerful or vulnerable, Jesus calls us to heed his words, and continue his work.

Giving to those in need through programs like MAMA Project is a way to celebrate Christmas that goes beyond bringing happiness to our own friends and family.

Please consider giving gifts to families in need this Christmas. The following pages are our attempt to summarize a very big and exciting program in a format that helps you to visualize what your gifts to MAMA are doing for real people with real needs.

May you experience PEACE, JOY and LOVE this Christmas, as you share your blessings with families that truly need your help.

On behalf of the MAMA Staff, MAMA Board, and from the families that we serve -THANK YOU!

Priscilla Benner, MD Director

Nutritional Rehabilitation Center

SAVE LIVES

From January to September 2013, we treated 66 children (29 families) at our Nutrition Center. The malnourished children receive food, medicines, and care while their mothers receive education about healthy hygiene and living, including the importance of deworming, adding micronutrients to their food, filtering drinking water, having a garden, and taking care of animals. They also learn a handi-craft (crocheting, sewing, jewelry making, etc) and participate in daily Bible devotions. Once the children are starting to feel better and have more energy, they participate in Bible stories and other activities.

A family typically stays at the Center for 30-90 days to complete their treatment.



**\$8/DAY
 PER CHILD**

**FOR MEDICINES, FOOD,
 LODGING, EDUCATION**

Mission Teams

SERVE OTHERS

Warehouse GIVE HAPPINESS

2013

16 Mission Teams to San Francisco de Yojoa and San Pedro Sula, Honduras (196 volunteers)

58 Communities Visited

4,920 Medical Consultations

1,480 Dental Extractions

5,914 Deworming Pills Given

1,768 Vitamin A Capsules Given (children under 5 years old)

613 Children with low hemoglobin found

1,021 Reading Glasses Distributed

107 Floors Cemented benefiting 585 people living in those homes.

Another successful year!



We have begun using our warehouse in East Greenville, PA to store and pack donations and it has been wonderful!

Would you consider sponsoring a month for the warehouse? In addition to your financial donation, we can arrange for your friends and family to come to the warehouse to help pack donations to get ready for shipment.

We hope to send a shipping container in early spring 2014 to Honduras.



\$20/WATER FILTRATION SYSTEM

\$300/CEMENT FLOOR

\$0.05/DEWORMING PILL

\$375/MONTH STORAGE OF DONATIONS

\$10,000 GLOBAL COST OF SHIPPING DONATIONS

Micronutrient Powder

EAT HEALTHY



Adding micronutrients to the food that is being made in the home is allowing young children to grow healthy and strong, mothers to have babies that are more healthy from the start, and many to not have malnutrition.

MAMA distributes and educates about its Micronutrient Powder to communities around Honduras. The cost is small but the effect is large!



Child Survival Training

EDUCATE

In 2013, we held two Child Survival Trainings in Pennsylvania. These trainings allow other organizations and individuals to learn about MAMA's programs and replicate in the areas they serve. After receiving training, organizations have replicated MAMA's medical brigades in Nepal, Haiti, Kenya and starting in Guatemala.

MAMA Project also holds trainings in Honduras for village leaders. These leaders learn more about how to care for their community by encouraging use of micronutrients, deworming pills, filtered water, and other healthy habits.



\$5/YEAR

MICRONUTRIENTS FOR ONE CHILD

\$100

A LEADER IN HONDURAS CAN RECEIVE CHILD SURVIVAL TRAINING

Haiti Scholarships

LEARN

Sponsor a child receiving an education in Labaleine, Haiti

\$25/month for Primary Students

\$40/month for Secondary Students

\$150/month for University Students

*One-time donations welcome.



To purchase, stop by the MAMA Office or contact for shipping options.
215-679-4338 or info@mamaproject.org

NOTECARDS FOR SALE

Purchase a pack of blank notecards with pictures of beautiful landscapes and children of Honduras. Each card has a picture on the front, blank on the inside, and MAMA's mission statement on the back.



PACK OF
10 CARDS
= \$20

