

# MAMA PROJECT, INC.

## Bringing Joy to the World



**2013 Annual Report**

**MAMA Project**  
Mujeres Amigas-Miles Apart  
(Women Friends-Miles Apart)

Nutritional Rehabilitation  
Medical & Dental Brigades  
Work Teams  
Preschools  
Cross Cultural Training  
Deworming & Vitamin A  
Campaigns  
Donating Medical & Dental  
Equipment & Supplies  
Community Development  
Scholarships  
Child Survival Training

MAMA Project is a Non-Profit  
Charitable Organization under  
Section 501(c)(3) of the U.S.  
Tax Code—  
Federal Tax Identification  
#23-2993647.

All donations given to MAMA  
Project are tax-deductible and a  
receipt will be sent to donor.

All photos were taken by  
MAMA Project Staff or Service  
Team Members and used with  
permission.

*2013 MAMA Project Board of Directors*

Priscilla Benner, President	Steve Hackman
Ruth Cole, Vice President	Judy Jones
Barbara Scheick, Secretary	Richard Moyer
Barbara Rice, Treasurer	Timothy Weaver
Marlene Frankenfield	Wilmer Zook

*2013 MAMA Project Staff*

Priscilla Benner, MD; Director  
Herman Sagastume, MD; Field Director  
Amanda Sagastume; Program Coordinator  
Lee Edsill; Haiti Scholarships  
MAMA Project Inc. en Honduras  
San Francisco de Yojoa, Honduras  
Proyecto MAMA  
San Pedro Sula, Honduras

MAMA Project's **mission** is "to be a network to promote health and wholeness working through partnerships on many levels both national and international, involving many sectors of society both public and private - joining forces to deal with problems that rob children of their chance to experience 'Shalom'."

MAMA Project's **vision** is "to build a 'wall of protection' around children born into adverse environments to allow not just survival but also development to their full potential."

# A gift of hope and love

Throughout the 2013 fiscal year, MAMA Project, with the help of its donors and volunteers, have been able to provide the gift of hope and love to many people through Honduras, Haiti and in other parts of the world.

We invite you to take a look at some of the work that has been accomplished this year and encourage you to get involved with MAMA Project in the coming year.

Thank you for being a part of MAMA Project's Child Survival Programs!

*MAMA Project provides education through several different ways. Child Survival Trainings are offered both in the United States and in Honduras, for organizations and leaders wanting to learn more about our effective ways to prevent malnutrition and other illnesses. Each community visit includes a short lesson on healthy hygiene and other habits. In addition, MAMA sponsors provide educational scholarships for children in Honduras.*

*In 2013, we had 2 Child Survival Trainings in Pennsylvania, USA. A total of 38 children received scholarships in Gracias a Dios, Honduras.*



give education

# help a family

*MAMA Project has a Nutritional Rehabilitation Center in San Francisco de Yojoa. Families with their malnourished children come to the Center and stay for at least 30 days while their children receive the necessary medical care. The mothers also learn about healthy living, including taking care of a garden, animals, using micronutrients in their food, and much more.*

*From October 2012 to September 2013, we had 38 mothers at the Center with their 84 children.*

*Once the families graduate from the Center, our MAMA staff continues to visit them every 6 months or year to check on the children's growth and the living conditions of the family. Most times the mothers teach others in their community about what they've learned during their time at the Nutrition Center.*

## Wilson & Jenny Tell About Their Experience at the Nutrition Center in Honduras

Around 2000, Wilson was working in the coffee fields and was barely making enough money for their family to survive. They had two sons at the time and knew that their lack of finances prevented them from providing the necessities for their family.

When Wilson & Jenny's second son was about 9 months old they knew that he was very sick and needed help. One of the fields where Wilson worked was close to San Francisco and he had learned about the Center. Wilson urged Jenny to take their son to the Center to get help. Jenny took both her oldest son, Elieser, and the sick child, Hesar. They stayed at the Center for some time before Hesar was well enough to return home.

By 2009, Wilson and Jenny had two more sons, Abieser and Manases. Manases was born premature and spent the first few months of his life at a hospital in Santa Barbara. Shortly after he was discharged, Wilson and Jenny brought him to the MAMA Center because he was severely malnourished. At 3 months old he weighed only 8 pounds. After only one month at the Center, receiving proper nutrition and health care, he weighed a little over 11 lbs.

Each time Wilson & Jenny would need to receive help at the Nutrition Center, the Staff would notice Jenny's initiative to help wherever necessary and learn as much as she was able. Shortly after seeing the potential in Jenny, Hector, the MAMA Director in Honduras, discussed the possibility of hiring her to cover Marina's, the Center's cook, leave time (one week a month).

Jenny would stay at the Center for her week with all four children. On one Sunday, Wilson came to visit the family and it happened to be at the same time that Dr. Herman Sagastume, MAMA's Field Director, was at the Center in Honduras. Wilson and Dr. Herman talked about their experience with MAMA. Shortly after that the Center was able to offer Wilson a job as well, as assistant in maintenance, working alongside Felix. Wilson's work includes preparing for the teams that are visiting, working with the mothers at the Center in the garden and animal care, and fixing anything around the Center that needs to be fixed.

Without the support of MAMA, Wilson and Jenny would not have been able to move their family to San Francisco de Yojoa and provide for the family the way that they can.

MAMA often helps with giving the boys school supplies, clothes, and shoes.

Jenny has stated that it has been an honor to work for MAMA Project because it is a place that has blessed many families. Jenny can relate to the mothers that come to the Center to receive treatment for their families since she, too, was in their position not too long ago.

MAMA Project also feels blessed to have Wilson and Jenny as part of the Staff. They always work their hardest and with a big smile on their face.



# provide hope for a village

MAMA Project's Nutrition Center is a place of healing. What does that mean for a poor mother? She goes to the Center in San Francisco de Yojoa, Cortes, Honduras scared, discouraged and confused. She makes the sacrifice for her child. She comes from a poor community in Honduras where many children do not survive. She recognizes familiar and dreadful signs. Her child is getting sicker and she has watched other children get sick and die. She doesn't really understand why this happening or how to prevent the death of her own child, but she is desperate to learn. When she arrives at the MAMA Center she is welcomed, given a comfortable clean room for her family, clothes, food, medical care, and she is treated with love and respect. She is taught the basics of nutrition and child care. Moreover, she is immersed in an environment of health and wholeness. Over time despair gives way and hope rises. When she goes back home, she has a new sense of confidence, with skills and knowledge that will equip her to raise healthy children. Sometimes mothers use words like "miracle" to describe the changes in their children during their time at the Center.

But, for all of the mothers that find help at MAMA's Nutritional Rehabilitation Center, many more are still struggling out in the villages. They may be unable, unwilling, or afraid to come. MAMA is working harder than ever to help mothers prevent and treat malnutrition in their children in the communities. We want those mothers to have the same wonderful experience of seeing their children grow healthy, even if they cannot leave home to seek help.

Our village brigades play an important role, not just by bringing acute medical care, but also with the strategies of screening for malnutrition and anemia, deworming, distributing vitamin A capsules and other micronutrients, and promoting healthier diet, sanitation and clean water. Teaching our Child Survival Course to health workers and volunteers makes an important contribution to the goal of healthier families.

To improve our work in the communities, we are developing more teaching materials, including a new DVD to help teach basic health and nutrition messages in the villages. The DVD will project with the help of batteries in villages without electricity. We are also working on stronger partnerships with others who care deeply about the health of poor communities and want to see children able to survive and thrive despite the adverse conditions into which they were born.

*Each year several teams go to Honduras to serve on a mission team. Typically the teams stay in San Francisco de Yojoa, Honduras, in the mission house next to our Nutrition Center. The teams visit poor, rural villages each day and bring medical and dental clinics as well as provide a concrete floor for at least two families each day. Here are the statistics for the teams from January through September of 2013.*

*Teams to San Francisco de Yojoa: 14*

*Total number of volunteers: 165*

*Total number of rural, poor villages visits: 58*

*Number of Medical Consultations: 5,192*

*Number of Dental Consultations: 254*

*Number of Dental Extractions: 1,484*

*Number of deworming tablets distributed: 5,914*

*Number of Vitamin A distributed (children under 5 years old): 1,768*

*Number of children with low hemoglobin (anemia): 613*

*Number of Reading glasses distributed: 1,021*

*Number of poured concrete floors in homes: 107*

*Number of adults living in those homes: 271*

*Number of children living in those homes: 314*

*Number of donations (toys, school supplies, clothes, aprons, work gloves, etc) given: TOO MANY to count!*



# scholarships in Haiti

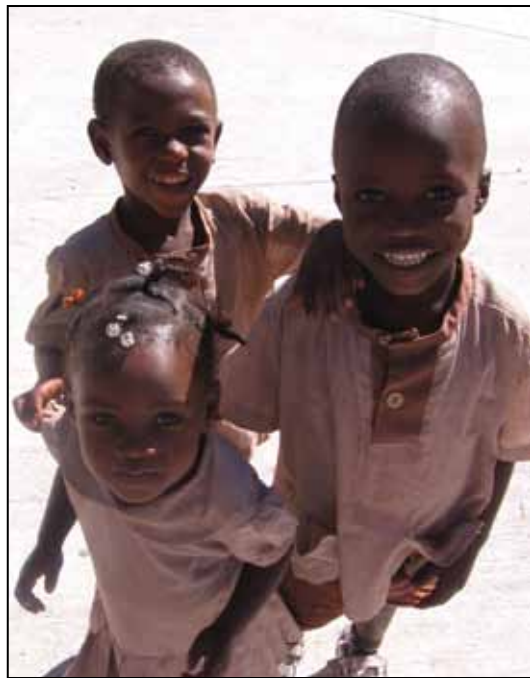
Faye Zeigler describes her reason for working with the scholarship program of Haiti in our March 2013 newsletter. A portion is shared below:

*I was not called to be a Missionary in the field but upon my first visit to Honduras in 1990 and seeing the need for children to be in school; I followed the call from MAMA Project to be an at-home missionary and start the Scholarship Program for the children.*

*Now this was not the beginning of missions for me. There were things in my life that prompted a desire to be a bit mission minded. Missions was an important part of my Wesleyan and Nazarene backgrounds as well as when I came to the Mennonite Church. Early on in our marriage we became affiliated with many International Students from Philadelphia, permitting them to see America by having them visit in our home; thus also exposing our children to many cultures. Having other cultures live in our home was highly educational and rewarding. So when I saw the children in Honduras not in school, my first thought was, 'Why aren't these children in school?'*

*The MAMA Board approached me about starting the Scholarship Program and being a member of the Board (for about 10 years). It has been a wonderful, eye opening experience, one that I will always cherish and be thankful that I was able to be a small part of the children's lives in Honduras. Then starting in 1998, we started promoting scholarships in Haiti.*

*By January 1992 we were ready to officially start the program in Honduras. Sponsors signed up quickly. By 1997 we had 112 students enrolled. Then by 1999 we had 168 students enrolled. It was exciting to see the pictures of the students as they came to me and to know that each child was precious in God's eyes and deserved to receive any help that was possible. Each year more and more students were added until we reached 300 or more students. At that point we turned the program over to MCC Global family program which sponsors students in many countries. By then the Haiti Scholarship Program was growing also. To date we have 117 students enrolled in the scholarship program. Thanks to all the sponsors who have faithfully supported these*



*children in both countries. God blesses the gift and the Giver.*

*I continued for 22 1/2 years, this spring, because I saw the need, I heeded the call. I just read recently in the "Grand Weaver", that when the Scripture calls us to 'be perfect as your Heavenly Father is perfect,' (Matthew 5:48) that "perfection is not a change in the essential character but in the completion of a course. This is precisely what Jesus must have meant when He admonished both his disciples and us to 'be perfect'...We can never be who God is, but we can complete the task he assigns us to do." My desire was to work at this as long as I could. It is with mixed feelings that I feel it is time to turn the program over to the next person who feels that God can use them in this capacity.*

*It is sincerely and lovingly with prayers and special feelings for the children and their families in these countries who long for peace, education, better living conditions and who appreciate life even in their circumstances and are joyful at the abundance of love and support that you, the sponsors, have given to them over these many years. I urge you to continue and for others to get involved.*

*During the 2012-2013 school year we had several sponsors committed to help students in Haiti by providing educational scholarships. A total of 117 students received scholarships.*

*Primary Students: 42*

*Secondary Students: 46*

*Pre-College (13th Grade): 4*

*University Students: 6*

*In 2013, Faye Zeigler resigned and Lee Edsill became the volunteer Haiti Scholarship Coordinator.*



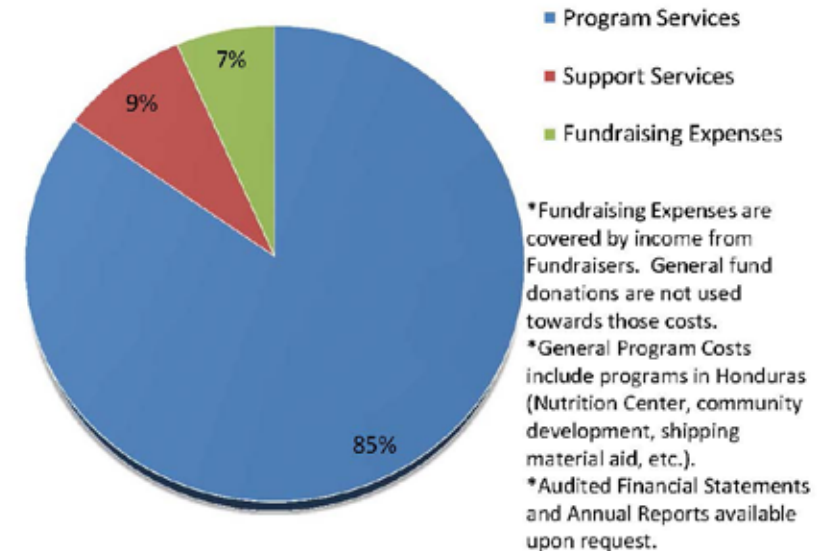
## 2013 Financial Statement

<b>INCOME</b>	<b>Actual 10-1-2012 to 9-30-2013</b>	<b>Budget 10-1-2013 to 9-30-2014</b>
Cash Contributions	\$475,190	\$517,300
Gift-in-Kind donations	\$47,941	\$300,000
Investment Income	\$259	
Other Income (from Sales)	\$11,464	
<b>TOTAL INCOME</b>	<b>\$534,854</b>	<b>\$817,300</b>
<b>EXPENSES</b>		
<b>PROGRAM SERVICES</b>		
Child Survival Programs	\$9,213	\$25,000
Gift-in-Kind Donations & Shipment	\$66,252	\$312,500
Haiti Scholarships	\$38,357	\$30,000
Honduras Programs	\$46,797	\$49,800
Mission Team Donations	\$219,307	\$215,000
Program Management	\$100,076	\$112,290
<b>SUPPORT SERVICES</b>		
	\$48,588	\$50,000
<b>FUNDRAISING EXPENSES</b>		
	\$37,243	\$22,500
<b>TOTAL EXPENSES</b>	<b>\$565,833</b>	<b>\$817,090</b>

Note: MAMA Project has many programs that only take place if the funding is available.

Gift-in-kind donations include medicines, medical equipment and supplies, used clothes and shoes, and other household items. All items are donated in Honduras or to other non-profit organizations with similar work in other countries.

## 2013 Expenses



### Other Organizations:

MAMA Project is a member of:

- Upper Perkiomen Valley Chamber of Commerce
- Christian Service Charities
- Christian Connections for International Health
- No-Noma Foundation

MAMA receives deworming medicines from “Worm Project” and medicine donations from “Brother’s Brother Foundation” and D.O.E.R.S.

MAMA’s financial donations are from individuals, businesses, and family grants.



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