



The Fight Against Hunger





Hello



**We work with MAMA Project and
with the communities for the
“fight against hunger”.**

What is the MAMA Project?

- It is an effort of friendship and Christian love
- Coordinated by:
 - Agencies
 - Churches
 - Businesses
 - Schools
 - Clinics
 - The health authorities
 - The town



We face hunger and we encourage a healthy and abundant life – according to God's will for humanity.



We coordinate campaigns with the communities.

If we are going to succeed, it is necessary that the entire community participates.

The Fight Against Hunger Needs:

- The whole community
- Politicians
- Agencies
- Clubs
- Businesses – large and small
- The children, the mothers, the fathers, and the elderly



THE STRATEGY:

- **Community Activities**
- **De-worming**
- **Distribution of Vitamin A to the children**
- **Gardens**
- **Personal and village hygiene**
- **Better diet**

CAMPAIGNS

- Education to change the habits and customs
- Educational talks
- Deworming
- Vitamin A
- Filtration and chlorination of water

COMMUNITY ACTIVITIES

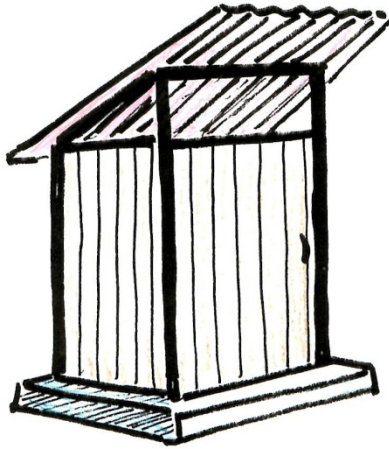
Each community can carry out activities to work together with the community leaders, health officials, schools, and other groups. These activities can help:

- Evaluate your community – your resources and your problems
- Take a census of the population of your village
- Observe the growth of the children to know how many are healthy and how many are malnourished and what is the degree of malnutrition
- Have seminars, trainings, and orientations
- Learn from the elderly: for example, to recognize edible wild plants to improve the diet of the malnourished children
- Facilitate and promote campaigns of environmental Hygiene, de-worming, and distribution of Vitamin A.



Examples of Important Messages

Use
Latrines



Wash
Hands



Boil Water



OR

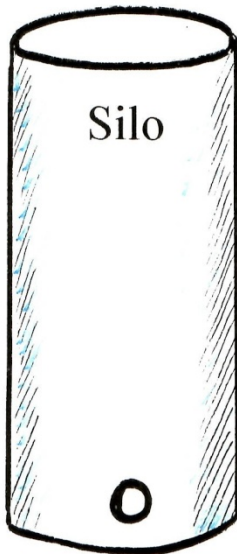


Filter and
Chlorinate
the Water

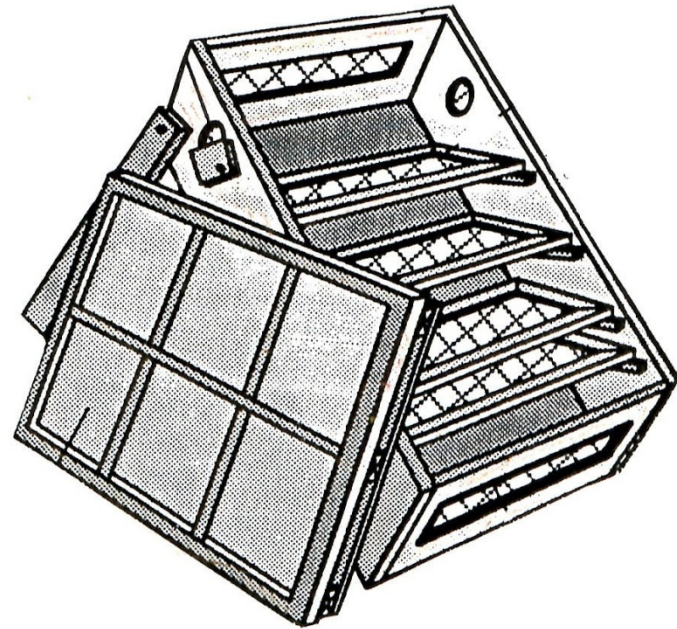
To Have Gardens



What are some ideas to work on for the future?



Crop Conservation



Solar dryer for food

**There are simple habits that can
be added to a daily routine to
improve Vitamin A health:**



**Consumption of sugar
enriched with Vitamin A**



**Consumption of salt with
iodine**

